

Registration Form Due Oct. 6

Download this brochure at
www.smartstartcc.org.

Mail to:

Smart Start-Centre County,
2565 Park Center Blvd., Ste.
100, State College, PA 16801

Please make checks payable
to **CR PennAEYC**.

Type of credits needed, if any:
PQAS Act 48

Professional Workshop Helping Young Children

Name:

Affiliation:

Address:

Phone:

Email:

Fee: \$40

Act 48 optional \$10 ---

Lunch optional \$6 ---

TOTAL DUE: ---

Parenting Workshop

Powerful Parenting Techniques

Name:

Address:

Phone:

Email:

Requesting child care subsidy?

Y N

Fee: \$15

Act 48 optional \$10 ---

Lunch optional \$6 ---

TOTAL DUE: ---

P.O. Box 853, State College, PA 16804

www.smartstartcc.org

(814) 238-0331

info@smartstartcc.org



Smart Start-Centre County coordinates and supports community efforts in education and outreach to improve the health, care, and education of young children in Centre County, PA. Smart Start-Centre County is funded by a Local Education and Resource Network (LEARN) grant from the Commonwealth of Pennsylvania, through the Centre County United Way as a member organization, and through community partners.

Local Education and Resource Network



A Key Partnership for Early Learning

Pennsylvania
Early Learning



Centre County
United Way



Community Partners

Cen-Clear Child Services, Inc.

Mount Nittany Medical Center

**Center for Child and Adult
Development**

**Hospitality Asset Management
Corporation (Hilton Garden
Inn)**

**Early Development & Education
Institute**

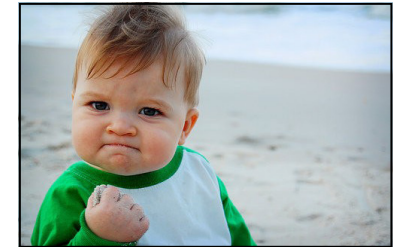
Central Region PennAEYC



Smart Start-Centre County
Presents Early Childhood
Mental Health Speaker Series
2011

Saturday, October 22
Mount Nittany Medical Center,
Dreibelbis Auditorium

Professional Workshop 9:00 a.m. - 12 noon Helping Young Children with Disruptive Behaviors: A Unique Approach



Parent Workshop
1:00 - 4:00 p.m.

Powerful Parenting Techniques: Make the Most of Your Family Time



Presented in conjunction with
PA Promise for Children month.

Cheryl B. McNeil, Ph.D. is a professor of Psychology in the Clinical Child Program at West Virginia University.



Cheryl B. McNeil, Ph.D.

Her clinical and research interests are focused on program development and evaluation, specifically with regard to abusive parenting practices and managing the disruptive behaviors of young children in both home and school settings. Dr.

McNeil has co-authored several books (e.g., Parent-Child Interaction Therapy: Second Edition; Short-Term Play Therapy for Disruptive Children), a continuing education package (Working with Oppositional Defiant Disorder in Children), a classroom management program (The Tough Class Discipline Kit), and a Psychotherapy DVD for the American Psychological Association (Parent-Child Interaction Therapy). She has a line of research studies examining the effectiveness of PCIT across a variety of settings and populations, including approximately 75 research articles and chapters related to the importance of intervening early with young children displaying disruptive behaviors.

PROFESSIONALS:

Helping Young Children with Disruptive Behaviors: A Unique Approach

Early Intervention for children with difficult behaviors is a national priority. In this workshop you will learn about a unique, short-term parent training approach, Parent-Child Interaction Therapy (PCIT), that can be applied to multiple settings. PCIT is designed to change defiant and aggressive behavior in young children (2-6 years) and prevent future antisocial behaviors as these children enter middle childhood and adolescence. PCIT is an evidenced-based intervention, unique because it is short-term, direct coaching of parent (or other adult) - child interactions and is guided by observational information collected in each session. Use of these behavior play techniques develops parent attachment and behavior management skills that strengthen the child's cooperation and compliance. Demonstration will be through videotapes, slides, handouts, and exercises.

At the end of this workshop, you will be able to:

1. Identify 2 behavioral play techniques for enhancing teacher-child and parent-child relationships,
2. Describe 1 technique to make timeout effective for aggressive and defiant preschoolers,
3. Describe 4 coding categories used to interpret adult behaviors.

PARENTS:

Powerful Parenting Techniques: Make the Most of Your Family Time

We are all busy, and many of us are stressed, but we still want our time with our children to be high-quality and positive. In this workshop, you will learn to make the most of your family time, even if it's only 5 minutes a night, by using super-positive parenting techniques presented through play scenarios.

You will learn to:

- Have **REAL** quality time with your child, that is very fun and relaxing,
- Prevent behavior problems from occurring,
- Make your child feel even more loved and supported,
- Help your child develop a better vocabulary,
- Calm your child down, helping him or her to develop a better attention span and frustration tolerance.

Act 48 and PQAS credits available

Clinical Practitioners: These workshops and accompanying documentation may be submitted to your licensing association for 3 hours of CE credits.